

Integrated Rewards Module

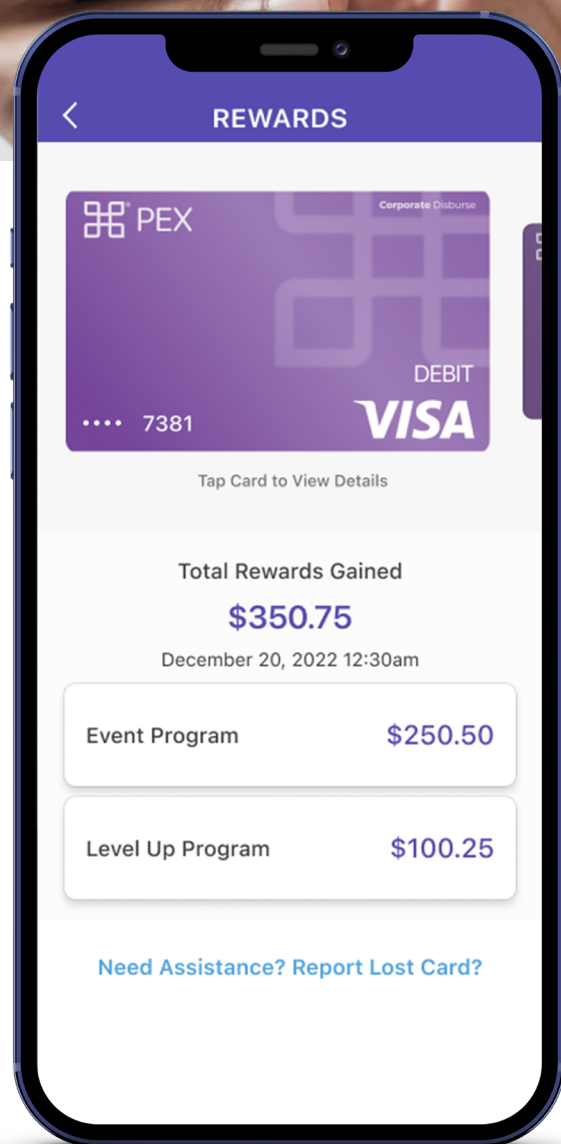
Contingency Management:
Now Automated and Easier

Motivate patients to change behavior with rewards.

Contingency management has been shown to positively impact SUD treatment outcomes. The Rewards module, now available in eRecovery, reinforces positive behavior change by offering motivational incentives to individuals for desired outcomes – such as drug abstinence, completion of CBT (cognitive behavioral therapy) lessons, or treatment adherence.

Why Consider Contingency Management?

Effective for many patients. Rewards incentivize individuals remaining on their treatment plan and in recovery. A rewards component may be especially beneficial among people with disorders that have no proven effective medication treatment.





Low Provider Effort

With CHESS Health, Providers Can Deliver a Customized Rewards Program

- Which patients are enrolled
- One-time reward or defined timeframe for extended rewards, including total dollar limits
- Criteria for earning reward
- Debit card or digital gift card
- Tracking through the CHESS Dashboard

Sample Connections App Rewards Activities

- Achieving a specific level in the app
- Completing a CBT training module
- Answering a survey
- Viewing specific content

Sample Reward Activities (Other Events)

- Negative drug test
- Custom-designed event



About CHESS Health

CHESS Health is the leading digital health company focused on Substance Use Disorder (SUD). CHESS Health partners with healthcare providers, community organizations, state and local government, and health plans, to help more individuals enter treatment for substance use disorder, improve patient retention in treatment, reduce the risk of relapse, and lower the overall cost of care. Additional information is available at www.chess.health.